

23 July 2020

New Arrangements

To comply with the Government and Swim England's Guidance we have had to adopt a large number of control measures around social distancing and contact with surfaces/equipment to reduce the risk of Coronavirus transmission within the pool environment.

The main points are: -

- Maximum bather loads have been reduced
- The Timetable has been reviewed to avoid multiuse and less structured activities and a 15 minutes buffer has been adopted between sessions for cleaning high traffic areas and equipment. We have adopted a soft launch for the remainder of the Summer holidays and will review the programme again for the start of the school term on Monday 24 August. See Timetable
- Swimmers are required to contact the Swim Centre by email, telephone or in person to reserve a place to attend public swimming, Aquarobics and Masters' sessions. See separate section for further details
- No spectators are permitted in the building (excluding carers of special needs, vulnerable adults etc.)
- Swimmers are encouraged to arrive pre-changed (beach style)
- Staff will check the temperatures of all swimmers entering the building with an infrared thermometer gun. Swimmers testing above 37.8 degrees Centigrade will be requested to leave the building and return after 2 minutes. If they test above 37.8 degrees Centigrade again they will be advised to return home and follow Government advice
- Swimmers are encouraged to pay by contactless card/telephone
- Swimmers are requested to observe 2m social distancing
- Showers are not available at the pool for pre or post swimming excluding disabled users
- The lockers have been taken out of operation. Swimmers are advised to bring a bag/box to place personal belongings /clothing/shoes and store on poolside floor against the benches not on the bench surround
- Swimmers must bring their own equipment (floats etc.). No equipment will be available to borrow at the Swim Centre
- Swimmers must bring sufficient fluids for the session in their own water bottles, marked with their names
- Pre-Pool and Post pool warm up and cool down activities on poolside are not permitted
- Swimmers are requested to wash their hands or use the sanitiser dispensers located at various points in the building
- Mirrors, hair dryers and the swimming costume drying machine will not be available
- If a swimmer/member of staff becomes ill suffering from Covid-19 symptoms during a session he/she will be isolated in the First Aid Room and plan to leave the building will be agreed. Government guidance for Track and Trace will be followed with the Swim Centre notifying other swimmers attending the session and staff on duty

We have also compiled the following Coronavirus Lane Etiquette for Public Swimming Sessions: -

- Lanes are divided into fast, medium and slow. Please select your lane suitable to your speed.
- No overtaking is permitted. Slower swimmers to allow faster swimmers to pass at the ends of each length by moving to the edge of the lane and turning their head away
- It is acceptable for swimmers to pass each other going in the opposite direction at less than social distancing requirements as long as that is for a short time and only when swimmers are in motion
- If you need a rest please leave the pool rather than rest at the lane ends
- All lanes swim in the same direction – follow the signs at the lane ends
- Weaker Swimmers please use the signposted Entry and Exit points
- Stronger swimmers please use signposted Entry and Exit points
- If physically able climb out over the sides rather than use the steps exit points
- Do not place drinks bottles with your personal belongings at the end of the lane. Place them in your bag/box with your personal belongings and leave the pool to drink
- Starting blocks are not available for use

Please take note of the large amount of signage around the building to advise swimmers of the various new arrangements. Staff will also be on hand to advise swimmers if needed.

Routes around the building have been introduced to avoid social distancing (see diagrams).