

## Timetable

**Monday 12 February to Sunday 18 February 2024**

### Public Lane Swimming - 50m Pool

**Price £5.80**

Day	Morning	Afternoon
Monday	0830 - 1100	1400 - 1600
Tuesday	0830 - 1100	-
Wednesday	1000 - 1230	-
Thursday	0830 - 1100	-
Friday	1000 - 1230	-
Saturday	-	1400 - 1600
Sunday	1000 - 1200	-

### Fun Session (with floats)

**Price £5.80 per person or £18 per family of 4**

Saturday 1400-1600

### Masters

(A structured session led by a qualified coach to improve endurance, speed and technique)

**Price £6.30**

Monday 1230 - 1330 (50m Pool)

Tuesday 0830-0930 (25m Pool)

Thursday 0830-0930 (25m Pool)

Friday 0830-0930 (25m Pool)

### Gentle Swim - 25m Pool

(For slower paced swimmers and those in rehabilitation)

**Price £5.80**

Tuesday 0930-1030

Thursday 0930-1030

**Aquarobics had been cancelled for the February Half Term**

*We apologise for any inconvenience caused by changes to the timetable*