

BALLET FIT



T H U R S D A Y S

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This class is a fusion of Pilates, ballet and dance fitness, designed to strengthen and tone the body while having fun!

**Location: Mount Kelly Prep School,
Tavistock**

£35 for a 5 week block of classes

Please email charlottesjsdance@gmail.com or message us on Facebook **SJS Dance Academy** to book your place - Limited spaces available



Age 18+