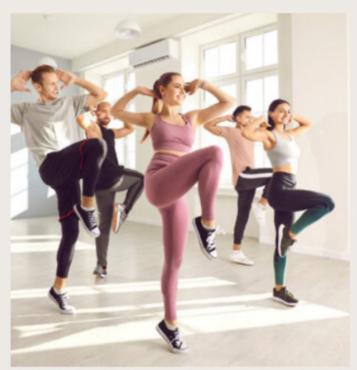
## BALLET FIT



THURSDAYS

17:45-18:45

This class is a fusion of Pilates, ballet and dance fitness, designed to strengthen and tone the body while having fun!

Location: Mount Kelly Prep School, Tavistock

## £35 for a 5 week block of classes

Please email **charlottesjsdance@gmail.com** or message us on Facebook **SJS Dance Academy** to book your place - Limited spaces available



