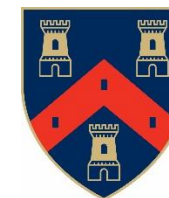


MOUNT KELLY

Week 1 Lunch Menu: Prep

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|---|--|--|---|
| Soup | Tomato and red lentil | Carrot and coriander | Vegetable | Mushroom | Broccoli |
| Main | Bolognaise | Hunters chicken | Roast west country beef and Yorkshire pudding | Chicken & Leek Pie | Breaded fish with lemon wedge |
| Vegetarian | Tomato and gnocchi bake | Vegetable Medley in BBQ Sauce | Vegetable Wellington | Vegetable Pie | Macaroni cheese |
| | Jacket potato with baked beans and cheddar cheese | Pasta with tomato sauce and cheddar cheese | Jacket potato with baked beans and cheddar cheese | Pasta with tomato sauce and cheddar cheese | Jacket potato with baked beans and cheddar cheese |
| Vegetables | Spaghetti Green beans Garlic Bread | New potatoes Sweetcorn,peas Bbq sauce | Roast potatoes, Roasted carrots Broccoli & Leek cheese | Mash Cabbage | Home cut chips Mushy peas Peas Tartare sauce |
| Dessert 1 | Marble sponge and custard | Iced lemon drizzle cake | Fruit crumble and custard | Chocolate Sponge | Cinnamon rolls |
| Dessert 2 | Mousse Orange slices | Jelly Fresh fruit salad | Sundaes Melon & pineapple | Jelly Fresh fruit salad | Fruit jelly Orange slices |

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MOUNT KELLY

Week 1 Lunch Menu: College

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------------------|---|---|---|---|---|
| Soup | Roasted Vegetable | Spicy Lentil | Tomato & Red Pepper | Parsnip & Apple | Mushroom |
| Main | Toad in the Hole | Pupils' Request: Chicken Tikka Masala | Bacon Chop and Cheese Sauce | Cottage Pie | Crispy Battered Fish / Steamed Hake in Lemon & Dill Butter |
| Vegan | Vegan Sausages, Roasted Onions & Gravy | Lentil & Squash Curry | Red Onion & Chickpea Parcels | Vegan Mince & Onion Pie (pastry topped) | Pea Fritter |
| Pasta Bar | Beef Bolognese Three Cheese Pasta Garlic Focaccia | Roasted Roots / Jacket Potatoes Ratatouille, with Bacon, Sausage or Mushrooms with Pasta Pesto Bread | Smoky Beef & Tomato Pasta Cheesy Leek Pasta Bake Paprika Tomato Bread | Creamy Pork & Mushroom Pasta Slow- Roasted Tomato Pasta Garlic Bread | Macaroni Cheese Rosemary & Olive Bread |
| Vegetables & Sides | Mashed Potato Carrots & Peas Onion Gravy | Pilau Rice Lightly Spiced Mixed Vegetables Poppadoms Mango Chutney | Diced Potatoes Sautéed Cabbage & Peas | Roasted New Potatoes Carrots, Parsnips & Cabbage | Home-Cut Chips Peas, Mushy Peas, Curry Sauce, Lemon Wedges Tartare Sauce |
| Deli Bar | Tuna & Sweetcorn Baguette Vegan BLT Baguette | Salami, Sundried Tomato & Mozzarella Panini Garlic Mushroom Panini | Beef, Pepper & Chipotle Wrap Hummus Salad Wrap | Chicken & Hummus Pitta Mixed Bean Pitta | Roast Turkey & Cranberry Sandwich Brie & Cranberry Sandwich |
| Pudding | Spotted Dick & Custard | Bakewell Tart | Apricot & Almond Sponge with Cream | Chocolate Brownie & Chocolate Sauce | Lemon & Coconut Drizzle |
| Chilled Dessert | Chocolate Sundae | Lime Jelly | Fresh Fruit Yoghurt & Toppings | Potted Cheesecake | Berry Fool |

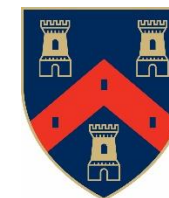


MOUNT
KELLY

Week 1 Dinner Menu: Prep

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|-----------------------------------|--------------------------|--|---|-----------------------------------|
| Main | Crispy chicken wraps | Gammon ham and fried egg | Fish pie | Nachos | Sticky BBQ chicken bites |
| Vegetarian | Tomato and halloumi slice | Vegetarian sausages | Sundried tomato pesto tagliatelle | Refried mixed beans nachos | Quorn sticky BBQ bites |
| Vegetables | Herby diced potatoes Sweetcorn | Fries Peas | Crispy potatoes Green beans and peppers | Smoked paprika and oregano oven wedges Red onion and baby corn | Cubed potatoes Corn on the cob |
| Salad bar | Selection of salads | Selection of salads | Selection of salads | Selection of salads | Selection of salads |
| Dessert | Sticky ginger sponge | Bakewell tart | Chocolate swiss roll | Iced cupcakes | Brownies and ice cream |

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MOUNT KELLY

Week 1 Dinner Menu: College

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-------------------------------|--|---|---------------------------------------|--|--|---------------|---|
| Soup | Chicken & Sweetcorn | French Onion | Chickpea, Chilli & Lime | Sweet Potato & Coconut | Carrot & Coriander | Chef's Choice | Parsnip |
| Main | Beef & Vegetable Chow Mein | Pupils' Request: Cajun Chicken Thighs | Beef Stroganoff | Pupils' Request: Chicken Fajita | Honey Roasted Ham with Fried Egg or Grilled Pineapple | | Roast Beef & Yorkshire Pudding |
| Main 2 | Creamy Chicken & Mushroom Spaghetti | Sausage & Bacon Tomato Pasta | Pepperoni & Cheese Tagliatelle | Red Pepper Pesto Pasta | Chilli Beef Pasta Bake | | Roasted Honey & Mustard Glazed Gammon |
| Vegan | Mushroom & Vegetable Chow Mein | Cajun Quorn & Chunky Vegetables | Mushroom Stroganoff | Mixed Bean & Vegan Strip Fajita | Garlic Mushrooms on Toasted Sourdough | | Mushroom & Leek Loaf Vegan Gravy |
| Vegetables & Sides | Seasoned Soft Noodles Stir Fried Cabbage & Kale Prawn Crackers | Baked Blackened New Potatoes Broccoli Green Beans | Rice Peas Roasted herby Carrots | Paprika Wedges Fried Greens, Refried Beans Soured Cream, Guacamole, Tomato Salsa | Seasoned Sautéed Potatoes Onion Rings, Corn on the Cob, BBQ Beans | | Roast Potatoes Roast Carrots & Parsnips, Swede Mash, Cabbage Gravy |
| Dessert | Swiss roll | Apple & Cinnamon Sponge | Pineapple Upside-Down Cake | Doughnuts | Carrot & Sultana Cake | | Apple & Pear Crumble & Custard |

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