



## February Half Term Timetable

Monday 17 to Sunday 23 February 2025

### Public Lane Swimming - 50m Pool

Price £6

	Morning	Afternoon
Monday	10:00 - 1200	-
Tuesday	10:00 - 1200	-
Wednesday	10:00 - 1200	14:00 - 16:00
Thursday	10:00 - 1200	-
Friday	10:00 - 1200	-
Saturday	-	14:00 - 16:00
Sunday	10:00 - 1200	-

### Fun Session (with floats)

Price £6 per person or £18.50 per family of 4

Saturday 14:00 - 16:00

### Masters

A structured session led by a qualified coach to improve endurance, speed and technique

Price £6.50

Monday 12:30 - 13:30 (50m Pool)

Tuesday 08:30 - 09:30 (50m Pool)

Thursday 08:30 - 09:30 (25m Pool)

Friday 08:30 - 09:30 (25m Pool)

### Gentle Swim - 25m Pool

For slower paced swimmers and those in rehabilitation

Price £6

Tuesday 09:30 - 10:30

Thursday 09:30 - 10:30

**Aquarobics is cancelled this week**