

Adult Beginners & Improvers Course



Come along and learn to swim or master new strokes.
We can help you improve your water confidence and technique.
Beginners and improvers are welcome.

5 Sep - 10 Oct 2025

7 Nov - 12 Dec 2025

9 Jan - 13 Feb 2026

27 Feb - 3 Apr 2026

*24 Apr - 22 May 2026

5 Jun - 10 Jul 2026

6 group lessons

45 mins each

Fridays 11:30-12:15

£60

(* 5 group lessons for £50)