

MENU

LUNCH COLLEGE
WEEK 2

The Dining Room



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN COURSE	Carbonara Gnocchi with leeks	Moroccan Spiced Cottage Pie	Ham Hock Lasagna	Chicken Paella	Beef Burger Bar
VEGAN	Spinach and Ricotta Pin Wheel	Butternut squash and feta Parcel	Mushroom and Rosemary Bake	Spanish Tortilla	Spiced Bean Burger
PASTA BAR	Jacket and sweet potatoes Pasta Bar with Sauces Fresh Homemade breads	Jacket and sweet Potatoes Pasta Bar with sauce Fresh Homemade Breads	Jacket an sweet Potatoes Pasta Bar with sauces Fresh Homemade	Jacket and sweet Potatoes Pasta Bar with sauces Fresh Homemade Breads	Jacket and Sweet Potatoes Pasta Bar with Sauces
ON THE SIDE	Garlic Bread Coleslaw Steamed Broccoli	Carrot and swede Mash Roasted New Potatoes	Roasted Root Veg with Spinach	Mixed Green Salad Sauteed green beans	Home-cut Chips Baked Beans, Burger sauce, Gherkins Relish
DELI BAR	Selection Of various Filled/ open/ sandwiches, wraps or Baguettes	Selection Of various Filled/ open/ sandwiches, wraps or Baguettes	Selection Of various Filled/ open/ sandwiches, wraps or Baguettes	Selection Of various Filled/ open/ sandwiches, wraps or Baguettes	Selection Of various Filled/ open/ sandwiches, wraps or Baguettes
PUDDING	Orange and white chocolate sponge	Coconut and lime sponge	Lemon and polenta cake	Rice Pudding with Fruit Jam	Jam and coconut sponge & sponge
CHILDED DESSERT	Chocolate and coconut Mousse	Trifle	Lemon Posset	Jelly	Peaches and Cream fool



For allergen & nutritional
information, please speak
to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

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DINNER COLLEGE
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SOUP OF
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MAIN
COURSE 1

Special Fried Rice with
chicken and Beef

British Beef Stew with
Herby Dumplings

Chicken Parmigiana

Chorizo and Spinach
Frittata

Stir Fry Chicken with Black
bean

Pasta Dish

Chefs Choice pasta Bake

Chefs Choice pasta

Chefs Choice pasta Bake

Chefs Choice pasta

Chefs Choice pasta Bake

VEGAN

Sweetcorn fritter with
Pineapple salsa

Mushroom and lentil

Aubergine Parmigiana

Cous Cous Stuffed Peppers

Ginger and soy stuffed
Mushrooms

ON THE SIDE

Sesame and soy cucumber

Cabbage stir fry

Prawn crackers

Crushed New Potatoes

Cumin Roasted Carrots

Roasted Parmenter

Kale Peas

Spanish Style Barley

Green Beans

Garlic Focaccia

Steamed New Potatoes
Parsley butter

Carrots and Cauliflower

DESSERT

Sticky Ginger cake

Cheesecake pie

Apple + Blackberry Crumble

Waffle Bar

Maple sponge



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