

MENU

LUNCH COLLEGE
WEEK 3

The Dining Room



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP OF THE DAY

Soup of the day

Soup of the day

Soup of the day

Soup of the day

Soup of the day

MAIN COURSE

Lemon and Coriander Chicken thighs

Roast Pork Burger with Stuffing

Beef Fajita

Chicken and Mushroom Pie

Crispy Battered Sausage

VEGAN

Vegetable Bean Cassoulet

Tofu and Vegetable stir

Black Bean Enchiladas

Squash & Spinach Pasta

Bubble and Squeak with fried egg

PASTA BAR

Jacket and sweet potatoes
Pasta Bar with Sauces
Fresh Homemade breads

Jacket and sweet Potatoes
Pasta Bar with sauce
Fresh Homemade Breads

Jacket an sweet Potatoes
Pasta Bar with sauces
Fresh Homemade

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Pasta Bar with sauces
Fresh Homemade Breads

Jacket and Sweet Potatoes
Pasta Bar with Sauces

ON THE SIDE

Roasted Bombay Potatoes
Cabbage and peas
Onion Gravy

Roasted New Potatoes
Green Beans and spinach

Roasted Root Veg with Spinach
Roasted Broccoli & Green Beans

Potato Wedges
Coleslaw
Corn cob

Home-cut Chips
Peas, Mushy Peas

DELI BAR

Selection Of various Filled/ open/
sandwiches, wraps or Baguettes

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PUDDING

Bakewell Sponge

Apple and Blackberry Crumble

Sticky Toffee Pudding

Carrot Cake

Mango Cheesecake

CHILDED DESSERT

Jelly

Chocolate Marble Mousse

Apple Fumble

Berry Pannacotta

Fresh Yoghurt Bar



For allergen & nutritional
information, please speak
to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs

MENU

DINNER COLLEGE
WEEK 3

The Dining Room



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP OF
THE DAY

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MAIN
COURSE 1

Chicken Tikka Curry

Hoisin beef and Beansprout
Bao Buns

Hot Dog Bar with Lentil
chilli

World Food Day

Slow Cooked Pork Ribs with
Lemon and garlic Wings

Pasta Dish

Pesto Pasta bake

BBQ pasta bake

Tomato and Bacon Bake

World Food Day

Chefs Choice pasta Bake

VEGAN

Butternut and Coconut
Curry

Soy and Aubergine with
roasted chickpeas

Vegan Sausage Hot Dog

World Food Day

Bang Bang Cauliflower

ON THE SIDE

Steamed Rice
Sag aloo
Nanna Bread
Poppadoms

Egg Noodles
Soy Roasted Broccoli
Baby corn

Roasted Spuds
Jalapenos
Crispy Onions
Paprika Crunch
Caramelized Onions

World Food Day

Sweet Potato Wedges
Corn on the Cob

DESSERT

Tiramisu

Lemon and Poppy seed
sponge

Bread and Butter

World Food Day

Eton Mess



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Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



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Gluten



Sulphur
Dioxide



Molluscs