

MENU

LUNCH COLLEGE
WEEK 1

The Dining Room



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SOUP OF
THE DAY

Soup of the day

Soup of the day

Soup of the day

Soup of the day

Soup of the day

MAIN
COURSE

Chili Carne

Tandoori Chicken Thigh Burger
with Mango

Beef and Vegetable pie

Roast Chicken Breast with stuffing

Crispy Battered Fish
Steamed Hake and Parsley sauce

VEGAN

Lentil and Chickpea Chili

Vegan Burger

Cheese, Leek and Potato pie

Squash, Beetroot and Feta
Wellington

Pea Fritter

PASTA,
JACKETS,
BREAD

Jacket and sweet Potatoes
Pasta with sauces
Fresh Homemade Breads

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ON THE SIDE

Rice
Tortilla crisp
Guacamole
Sour Cream

Coriander Rice
Peas and sweetcorn
Garlic infused Bread

Mash Potato
Roasted Broccoli and sugar snaps

Roasted New Potatoes
Honey roasted carrots and
parsnips

Home-cut- chips
Peas, mushy peas, curry sauce,
lemon wedges
Tartare sauce

DELI BAR

Selection of various
Filled / open / sandwiches, wraps
or Baguettes

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Filled / open / sandwiches, wraps
or Baguettes

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PUDDING

Marble Sponge and custard

Brownie with chocolate sauce

Fruity Flapjack + custard

Apple crumble custard

Ginger cake and Custard

CHILLED
DESSERT

Chocolate and coconut Mousse

Granola Topped Yoghurt

Strawberry Trifle

Berry Fool

Coconut Cold Rice Pudding pots



For allergen & nutritional
information, please speak
to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame
Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur
Dioxide



Molluscs

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DINNER COLLEGE
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MAIN
COURSE 1

Teriyaki Style Beef

Turkey Schnitzel with
lemon and thyme

Gammon steak fried egg

Pork and beef Meatballs

Jerk chicken

MAIN
COURSE 2

Pasta tomato and basil

Tuna and sweetcorn pasta

Sweet chilli Chicken Pasta

Red pesto Pasta

Tomato and Mozzarella
pasta

VEGAN

Mushroom & Vegetable
Chow mien

Cajun sweetcorn fritter

Sweet and sour Tempura
Vegetables and Tofu

Meatless balls

Garlic Mushrooms on
toasted homemade bread

ON THE SIDE

Seasoned Noodles
Cabbage stir fry
Prawn Crackers

Blackened potatoes
Sauteed white cabbage

Roasted Parmenter
Peas
Grilled Pineapple fried egg

Spaghetti
Green Beans
Garlic Focaccia

Rice and Pea
Red cabbage slaw
Sauteed Kale with red
onion

DESSERT

Rocky Road

Apple & Cinnamon

Carrot Cake

Sticky Toffee pudding

Eton mess pots



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