



MOUNT KELLY

Boarding and Day School
Boys and Girls, Aged 4-18

Co-Curricular Directory

Lent Term 2026



I would like to welcome pupils, colleagues and parents to our co-curricular activity programme. This document summarises all the training, clubs, societies and activities for the Lent Term 2026 (all listed events are subject to change, but pupils will be informed prior to changes). Pupils should review the clubs list and consider which clubs they would like to do. The form to sign up will be sent out to pupils.

With best wishes,
Bobby Skelton
Assistant Head Co-Curricular

Structure of the Week | College

Monday		Tuesday		Wednesday		Thursday		Friday	
Swim Training									
Boarders' Breakfast		Boarders' Breakfast		Boarders' Breakfast		Boarders' Breakfast		Boarders' Breakfast	
08:30	Tutor and Registration	08:30	Tutor and Registration	08:30	House Time	08:30	Tutor and Registration	08:30	Tutor and Registration
08:40	Head Master's Assembly							08:40	Chapel
09:00	Period 1								
09:55	Period 2								
10:45	Break								
11:10	Period 3								
12:05	Period 4								
12:55	Lunch 1								
13:25	Lunch 2								
13:55	Activities	13:55	Period 5 & Registration	13:55	Activities	13:55	Activities	13:55	Period 5 & Registration
14:30	Period 5 & Registration	14:50	Sport & Wellbeing	14:30	Period 5 & Registration	14:30	Period 5 & Registration	14:50	Service or Swimming
15:25	Period 6	15:25		15:25	Period 6	15:25	Period 6	15:25	
16:15	Activities	16:15		16:15	Activities	16:15	Sport & Wellbeing or Swimming	16:15	
17:40	School Ends								
17:45	Boarders' Supper, Activities & Swim Training	17:45	Boarders' Supper, Activities & Swim Training	17:45	Boarders' Supper, Activities & Swim Training	17:45	Boarders' Supper, Activities & Swim Training	17:45	Boarders' Supper, Activities & Swim Training

Saturday

From Year 7, our sports teams play a number of Saturday morning fixtures and pupils that are selected for a team are expected to play. Saturday morning training runs for all our performance swimmers and footballers, unless they are engaged in competition or matches.

Monday

	Timings	Activity	Venue	Year Groups
Before School	05:50 - 07:50	Elite Training 1 &2	Swim Centre	Squad
	07:00 - 08:15	TPP Cricket Nets	Sports Hall	Selected Only
Lunchtime	13:05 - 14:05	School Squad Training	Swim Centre	Squad
	13:05 - 14:05	Sprint Training	Swim Centre	Squad
	13:15 - 14:15	Senior Boys' Cricket Nets	Sports Hall	Selected Only
	13:55 - 14:30	Studio Production	Big School	9 - 13
Afternoon	16:15 - 17:35	Chess	M9	9 - 13
	16:15 - 17:35	Dance - Jazz & Musical Theatre*	Big School	9 - 13
	16:15 - 17:35	College Band	Music	9 - 13
	16:15 - 17:35	Debating	M4	9 - 13
	16:15 - 17:35	Academic Clinics	HOF's	9 - 13
	16:15 - 17:35	Book Club	Orchard Block	9 - 11
	16:15 - 17:35	Computing Club	TBC	9-11
	16:15 - 17:35	Art & DT Workshops	Westall Centre	11 & 13
	16:15 - 17:35	UCAS Drop In	Sixth Form Centre	12 & 13
	16:15 - 17:35	Science Club	S1	9 - 11
	16:15 - 17:35	Biomedical society	S2	12 - 13
	16:15 - 17:35	Entrepreneurial club	M3	9-11
	16:15 - 17:35	Squash	College Courts	9 - 13
	16:15 - 17:35	Core Sport Fitness	Astro	11 - 13
	16:15 - 17:35	EAL Clinic	O2	9 - 13
	16:15-17:35	Studio Production	Big School	9 - 13
	16:30 - 18:30	Middle Training	Swim Centre	Squad
16:30 - 18:30	Distance Training	Swim Centre	Squad	
16:30 - 17:30	Elite 2 Gym	Gym	Squad	
17:00 - 18:30	PP Training	Swim Centre	Squad	
After School	17:30 - 19:00	Inter Boys' Cricket Academy	Sports Hall	9 - 10
	18:30 - 19:30	TPP Juniors Gym	Gym	9-11
	18:00 - 20:00	Performance Football (HP)	MUGA	Squad
	18:00 - 20:00	Performance Football (Potential)	MUGA	Squad
	18:30 - 20:30	Elite 1&2 Training	Swim Centre	Squad
	19:30 - 20:30	Distance Gym	Gym	Squad
	19:30 - 20:30	Boarders' Gym	Gym	9 - 13

* Additional charge for this activity

Tuesday

	Timings	Activity	Venue	Year Groups
Before School	05:50 - 07:50	Elite 1	Swim Centre	Squad
	05:50 - 07:50	Distance Training	Swim Centre	Squad
	05:50 - 07:50	Sprint Training	Swim Centre	Squad
	07:00 - 08:15	TPP Cricket Nets	Sports Hall	Selected Only
Lunchtime	13:00 - 14:50	Performance Football Gym	Gym	Squads
	13:15- 14:15	Cricket Nets	Sports Hall	Selected Only
	13:15 - 14:15	Rugby 7s' Clinic	Riverside	Selected Only
Afternoon	14:40 - 16:15	Triathlon	Bike Room/Moor	Selected Only
	14:40 - 16:00	Performance Football (HP)	Higgins	Squad
	14:45 - 15:45	Middle Gym	Gym	Squad
	14:45 - 16:15	Inters Boys' Hockey	Main Astro	Selected Only
	14:45 - 16:15	Seniors Girls' Netball	Sports Hall/Blue Court	Selected Only
	14:45 - 16:15	Inters Girls' Netball	College Courts	Selected Only
	14:45 - 16:15	Seniors Rugby 7s	Field/Fitness	Selected Only
	14:45 - 16:15	Seniors and Inters Football	MUGA	Selected Only
	14:45 - 16:15	Supervised Study	Library & Main School Classrooms	Years 11 & 13
	14:45 - 17:35	Walk on the Moor	Moor	All Years
	14:45 - 17:35	Recreational Running	Dartmoor National Park	All Years
	14:45 - 16:45	Distance Training	Swim Centre	Squad
	14:45 - 16:45	Elite 1&2 Training	Swim Centre	Squad
	15:45 - 16:45	Sprint Gym	Gym	Squad
	16:00 - 17:35	Performance Football Analysis (HP)	M4	Selected Only
	16:00 - 17:35	Performance Football (Potential)	Herongate	Selected Only
	16:15 - 17:35	Seniors Boys' Hockey	Main Astro	Selected Only
	16:15 - 17:35	Inters Rugby 7s	MUGA/Fitness	Selected Only
	16:15 - 17:35	Squash	College Courts	All Years
	16:15 - 17:35	Basketball	Sports Hall 1	All Years
	16:15 - 17:35	E Gaming	Main Block	All Years
	16:15 - 17:35	Multi Sport	Sports Hall 2	All Years
	16:15 - 17:35	Supervised Study	Library & Main School Classrooms	Years 11 & 13
16:35 - 17:35	Studio Production	Big School	Years 9 - 13	
16:45 - 18:45	Sprint Training	Swim Centre	Squad	
16:45-18:45	Middle Training	Swim Centre	Squad	
16:45 - 18:45	PP Training	Swim Centre	Squad	
17:00 - 18:00	Elite 1 Gym	Gym	Squad	
After School	18:00 - 19:00	TPP Seniors Gym	Gym	Selected Only
	18:45 - 20:30	School Squad Training	Swim Centre	Squad

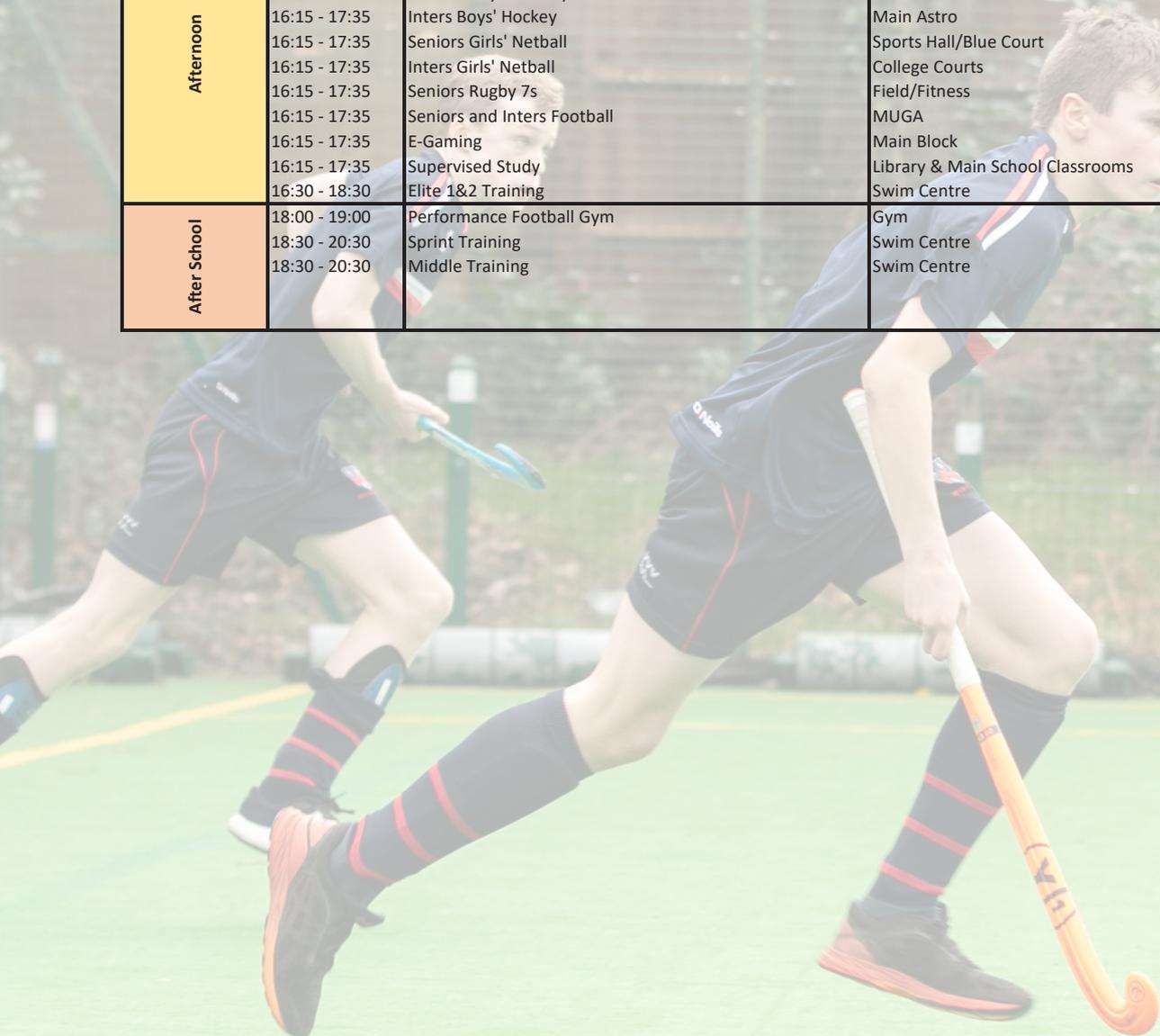
Wednesday

	Timings	Activity	Venue	Year Groups
Before School	05:50 - 07:50	Elite 2 Training	Swim Centre	Squad
	05:50 - 07:50	PP Training	Swim Centre	Squad
	05:50 - 07:50	Middle Training	Swim Centre	Squad
	07:00 - 08:15	TPP Cricket Nets	Sports Hall	Selected Only
Lunchtime	13:05- 14:05	Middle Training	Swim Centre	Squad
	13:05-14:05	Elite 1&2 Training	Swim Centre	Squad
	13:05-14:05	Sprint Gym	Gym	Squad
	13:55 - 14:30	Chamber Choir	Chapel	9 - 13
Afternoon	16:15 - 17:35	Economics Society	M3	12 & 13
	16:15 - 17:35	Art & DT Workshop	Westall Centre	11 & 13
	16:15 - 17:35	Pottery	Westall Centre	9 & 10
	16:15 - 17:35	UCAS Drop In	Sixth Form Centre	12 & 13
	16:15 - 17:35	Darts Club	Orchard Block	9 - 13
	16:15 - 17:35	Academic Clinics	HOF's	9 - 13
	16:15 - 17:35	Fives	Fives Courts	Selected Only
	16:15 - 17:35	Judo*	Sports Hall	9 -11
	16:15 - 18:15	Performance Football (Potential)	Higgins/MUGA/Prep	Squad
	16:15- 17:35	Yoga/Pilates*	Russell Common Room	9 - 13
	16:15- 17:35	Anime	M6	9 - 13
	16:15- 17:35	E gaming	M5	9 -11
	16:15-17:35	Studio Production	Big School	9-13
	16:30- 17:35	Cricket Spin Clinics	Sports Hall	Selected Only
	16:30 - 18:00	School Squad Training	Swim Centre	Squad
16:30 - 18:00	Sprint Training	Swim Centre	Squad	
16:30 - 18:00	Performance Football (HP)	Higgins/MUGA	Squad	
After School	17:30 - 19:00	Senior Boys' Cricket Academy	Sports Hall	11 - 13
	18:00 - 20:00	Distance Training	Swim Centre	Squad
	18:00 - 20:00	PP Training	Swim Centre	Squad
	20:00 - 21:00	Boarders' Gym	Gym	9 - 13

* Additional charge for this activity

Thursday

	Timings	Activity	Venue	Year Groups
Before School	05:50 - 07:50	Distance Training	Swim Centre	Squad
	05:50 - 07:50	Middle Training	Swim Centre	Squad
	05:50 - 07:50	Sprint Training	Swim Centre	Squad
Lunchtime	13:05 - 14:05	Elite 1 Gym	Gym	Squad
	13:05 - 14:05	School Squad Training	Swim Centre	Squad
	13:05 - 14:05	Distance Training	Swim Centre	Squad
	13:05 - 14:05	PP Training	Swim Centre	Squad
	13:55 - 14:30	Chamber Choir	Chapel	9 - 13
	13:15 - 14:15	Core Sport Clinic - Hockey	Main Astro	Selected Only
Afternoon	15:00 - 16:30	TPP Seniors' Gym	Gym	Selected Only
	16:15 - 17:30	Studio Production	Big School	9 - 13
	16:15 - 17:35	Performance Football Futsal (HP)	Squash Courts/Small Pitch	Squad
	16:15 - 17:35	Seniors Boys' Hockey	Main Astro	Selected Only
	16:15 - 17:35	Inters Boys' Hockey	Main Astro	Selected Only
	16:15 - 17:35	Seniors Girls' Netball	Sports Hall/Blue Court	Selected Only
	16:15 - 17:35	Inters Girls' Netball	College Courts	Selected Only
	16:15 - 17:35	Seniors Rugby 7s	Field/Fitness	Selected Only
	16:15 - 17:35	Seniors and Inters Football	MUGA	Selected Only
	16:15 - 17:35	E-Gaming	Main Block	All Years
	16:15 - 17:35	Supervised Study	Library & Main School Classrooms	Years 11 & 13
	16:30 - 18:30	Elite 1&2 Training	Swim Centre	Squad
After School	18:00 - 19:00	Performance Football Gym	Gym	Squad
	18:30 - 20:30	Sprint Training	Swim Centre	Squad
	18:30 - 20:30	Middle Training	Swim Centre	Squad



Friday

	Timings	Activity	Venue	Year Groups
Before School	05:50 - 07:50	Distance/Middle/Elite 2 Extra Morning (TBC)	Swim Centre	Squad
	07:00 - 08:00	Performance Football (Potential) Gym	Gym	Squad
	07:00 - 08:15	TPP Cricket Nets	Sports Hall	Selected Only
Lunchtime	13:05 - 13:50	TPP Juniors Gym	Gym	Selected Only
Afternoon	14:40 - 17:35	DoFe & Volunteering	Service Plan	9 - 10
	14:40 - 17:35	Market Garden	Market Garden (Prep)	9 - 10
	14:40 - 17:35	Supervised Study	Rossington	11
	14:40 - 17:35	Study Skills	M11	9 -10
	14:40 - 17:35	French & Spanish GCSE Speaking 1-1	M6	11
	14:40 - 17:35	CCF Years 10 - 13	Grounds/CCF	10 -13
	12:35 - 17:35	DW - Year 12	Boat House	12
	14:40 - 17:35	Performance Football (HP)	Higgins	Squad
	14:45 - 16:45	Elite 1&2 Training	Swim Centre	Squad
	14:45 - 16:45	Middle Training	Swim Centre	Squad
	14:45 - 15:45	Sprint Gym	Gym	Squad
	16:00 - 17:00	TPP Seniors Gym	Gym	Selected Only
	16:45 - 17:45	School Squad Training	Swim Centre	Squad
	16:45 - 18:45	Distance Training	Swim Centre	Squad
16:45 - 18:45	Sprint Training	Swim Centre	Squad	
After School	17:30 - 19:00	Girls' Cricket Academy	Sports Hall	9 - 13
	17:00 - 18:00	Elite 2 Gym	Gym	Squad
	18:45 - 20:15	PP Training	Swim Centre	Squad

Saturday

	Timings	Activity	Venue	Year Groups	Fixtures, Competitions, Trips, Expeditions as per SOCs & Calendars
Before School	06:00 - 08:00	Middle Training	Swim Centre	Squad	
	06:00 - 08:00	Sprint Training	Swim Centre	Squad	
	06:00 - 08:00	Distance Training	Swim Centre	Squad	
	07:00 - 08:00	PP Gym	Gym	Squad	
	08:00 - 10:00	Elite 1&2 Training	Swim Centre	Squad	
	08:00 - 09:00	Middle Gym	Gym	Squad	
	09:00 - 10:00	Distance Gym	Gym	Squad	
	10:00 - 11:00	Elite 1 Gym	Gym	Squad	
	10:00 - 12:00	PP Training	Swim Centre	Squad	
	10:00 - 12:00	School Squad Training	Swim Centre	Squad	
	09:00 - 11:00	Performance Football (HP & Potential)	Higgins/MUGA	Squad	

Fixtures, Competitions, Trips and Expeditions as per SOCs and Calendars

