



Aquarobics

A large, high-quality photograph of clear, blue rippling water, likely a swimming pool, serves as the background for the aquarobics section. A white rectangular frame is overlaid on the image, containing the word "Aquarobics" in a large, white, cursive font.

Aquarobics

Mondays & Thursdays | 11:15 to 12:00 | £8

Included in Annual Membership

Coach Liz Vernon

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