MENU | LUNCH PREP WEEK 1

COOKED FRESH BEST QUALITY

The Dining Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY	Mushroom with Homemade Bread	Carrot & Coriander with Homemade Bread	Red Pepper & Tomato with Homemade Bread	Vegetable with Homemade Bread	Broccoli with Homemade Bread	Saturday Brunch	Sunday Brunch
MAIN COURSE	Thai Red/Green Chicken Curry	Howells Sausage Bar With Various Flavours	Roast Westcountry Beef & Yorkshire Puddings	Homemade Creamy Chicken Pie	Battered Hake with Lemon Wedges	Sausages, Hash Browns, Beans, Fried Eggs	Bacon, Hash Browns, Beans, Scrambled Eggs
VEGETARIAN	Vegetable & Lentil Dahl	Pea, Pesto, Courgetti & Butterbean Gnocchi	Butternut Squash & Sweet Potato Wellington	Quorn & Vegetable Creamy Pie	Macaroni Cheese	American Pancake Bar	Belgian Waffle Bar
JACKETS & PASTA	Broccoli & Pesto Pasta	Jacket /Sweet Potato with Beans/Cheese	Creamy Tomato/Ham /Basil Bake	Jacket/Sweet Potato with Beans/Cheese	Plain Pasta/Cheese		
ON THE SIDE	Rice, Poppadoms, Naan Bread, Roasted Chunky Carrots, Mango Chutney	Home Cut Roasted Wedges, Sliced Onions, Peas	Roast Potatoes, Steamed Carrots, Parsnips, Broccoli Cheese, Gravy	New Potatoes, Garlic Bread, Lemony Green Beans, Chargrilled Sweetcorn	Home Cut Chips, Garden Peas, Baked Beans	Selection of Yoghurt, Granola, Honey, Dried & Fresh Fruit	Selection of Yoghurt, Granola, Honey, Dried & Fresh Fruit
DESSERT	Chocolate/Orange Shortbread	Lemon Drizzle Cake	Blueberry /Apple Crumble with Cream	Chocolate Cheesecake	Carrot Cake/Orange Frosting	Apple & Spinach Bircher	Pineapple, Banana & Coconut Smoothies
DESSERT	Fresh Fruit	Fresh Fruit/Jelly	Fresh Fruit	Fresh Fruit/Jelly	Fresh Fruit		
EARLY YEARS SUBSTITUTE	Fresh Fruit/Yoghurt	Sponge	Fresh Fruit/Yoghurt New potatoes	Sponge	Fresh Fruit/Yoghurt		

For allergen & nutritional information, please speak to a member of the team.

Crustaceans · Eggs · Tree Nuts · Mustard · Celery · Soybeans · Sesame Seeds · Milk · Fish · Peanuts · Lupin · Gluten · Sulphur Dioxide · Molluscs

MENU | LUNCH PREP WEEK 2

COOKED FRESH BEST QUALITY

The Dining Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY	Tomato & Basil with Homemade Bread	French Onion with Homemade Bread	Leek & Potato with Homemade Bread	Carrot & Cumin with Homemade Bread	Sweet Potato, Chilli & Coconut with Homemade Bread	Saturday Brunch	Sunday Brunch
MAIN COURSE	Homemade Beef Bolognese/Chili	Hunters Chicken/Smokey BBQ Sauce	Westcountry Honey Gammon	Chicken Kiev/Cornflake Chicken	Homemade Fishcakes/Goujons	Sausages, Hash Browns, Beans, Fried Eggs	Bacon, Hash Browns, Beans, Scrambled Eggs
VEGETARIAN	Vegan Meatballs with Red Pepper Sauce	Roasted Vegetable Quesadilla	Feta & Roasted Pepper Panini	Chickpea falafel with Garlicky Sauce	Macaroni Cheese/Plain Pasta	Danish Pastries	Belgian Waffle Bar
JACKETS & PASTA	Jacket with Tuna Mayo/Garlic Mushrooms	Creamy Basil & Cherry Tomato Pasta Bake	Jacket/Sweet Potato with Beans/ Cheese	Creamy Tuna Pasta Bake	Jacket with Beans/Cheese		
ON THE SIDE	Spaghetti, Garlic Bread, Corn on the Cob	Roasted New Potatoes, Tenderstem Broccoli, Steamed Peas	Home Cut Roast Potatoes, Roasted Carrots, Leeks with Cheesy Topping	Homemade Paprika Wedges, Roasted Kale, Red Onions	Home Cut Chips, Garden Peas, Baked Beans	Selection of Yoghurt, Granola, Honey, Dried & Fresh Fruit	Selection of Yoghurt, Granola, Honey, Dried & Fresh Fruit
DESSERT	Chocolate Brownie with Chocolate Cream	School Sprinkle Sponge	Apple Crumble with Custard	Vanilla Smores	Doughnuts	Pineapple & Cinnamon Bircher	Banana & Strawberry Smoothies
DESSERT	Fresh Fruit	Fresh Fruit/Jelly	Fresh Fruit	Fresh Fruit/Jelly	Fresh Fruit		
Early years substitute	Yoghurt/Fresh Fruit	Sponge	Yoghurt/Fresh Fruit	Sponge	Fresh Fruit/Yoghurt		

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Crustaceans, Eggs, Tree Nuts, Mustard, Celery, Soybeans, Sesame Seeds, Milk, Fish, Peanuts, Lupin, Gluten, Sulphur Dioxide, Molluscs

MENU | LUNCH PREP WEEK 3

COOKED FRESH · BEST QUALITY

The Dining Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP OF THE DAY	Leek & Potato with Homemade Bread	Vegetable with Homemade Bread	Roasted Pepper & Tomato with Homemade Bread	Curried Parsnip with Homemade Bread	Chicken & Sweetcorn with Homemade Bread	Saturday Brunch	Sunday Brunch
MAIN COURSE	Howells Pork Sausages	Beef Fajitas/Crispy Chicken with Black Beans & Roasted Peppers	Roasted Chicken with Stuffing Balls	Howells Cottage Pie	Pizza Bar/Various Fillings	Sausages, Hash Browns, Beans, Fried Eggs	Bacon, Hash Browns, Beans, Scrambled Eggs
VEGETARIAN	Mozzarella & Tomato Gnocchi	Quorn/Vegetable Fajitas	Feta & Spinach Filo Pie	Vegetable Cottage Pie	Pizza Bar	American Pancake Bar	Danish Pastries
JACKETS & PASTA	Pasta with Tomato & Garlic Pasta Bake	Jacket/ Sweet Potato with Beans/cheese	Sundried Tomato/Chickpea Pesto Tagliatelle	Jacket/Sweet Potato with Beans/Cheese	Plain Pasta		
ON THE SIDE	Buttery Mash, Onion Gravy, Steamed Carrots	Corn on the Cob, Garlic Sauce	Homemade Roast Potatoes, Steamed Carrots, Parsnips	Broccoli/Cauliflower	Homemade BBQ Wedges, Charred Corn	Selection of Yoghurt, Granola, Honey, Dried & Fresh Fruit	Selection of Yoghurt, Granola, Honey, Dried & Fresh Fruit
DESSERT	Marble Sponge with Chocolate Sauce	Lemon Cheesecake	White Chocolate Cookies	Chocolate Fudge Cake	Vanilla Cupcakes	Honey Overnight Oats	Berry Smoothies
DESSERT	Fresh Fruit	Fresh Fruit/Jelly	Fresh Fruit	Fresh Fruit/Jelly	Fresh Fruit		
EARLY YEARS SUBSTITUTE	Yoghurt/Fresh Fruit	Sponge	Yoghurt/Fresh Fruit New potatoes	Sponge	Yoghurt, Fresh Fruit		

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Crustaceans · Eggs · Tree Nuts · Mustard · Celery · Soybeans · Sesame Seeds · Milk · Fish · Peanuts · Lupin · Gluten · Sulphur Dioxide · Molluscs

MENU | DINNER PREP WEEK 1

COOKED FRESH · BEST QUALITY

The Dining Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE	Howells Homemade Beef /Pork Burgers	Southern Fried Chicken Wraps	Lebanese Chicken Pulled Thigh with Peppers & Spinach	Howells Smoked Ham Hock Gnocchi	Pitta Pizzas with Various Fillings		
VEGETARIAN	Crispy Halloumi Burgers	Veggie Crispy Wraps	Pasta with Cheese Sauce	Pesto Gnocchi	Mozzarella Pitta Pizzas		
ON THE SIDE	Chips, Brioche Buns, Sliced Cheese, Sliced Tomatoes, Bacon Slices, Burger Relish	Mayonnaise, Lettuce, Sweet Potato Fries, Sweet Chilli Sauce Sweetcorn, Peas	Flat Breads, Rajita, Raw Slaw, Pineapple & Lime Salsa	Spring Greens, Tenderstem broccoli	Home Cut Oregano Wedges, Corn Ribs		
PASTA DISHES	Tomato/Pasta						
DESSERT	Brookies	Biscoff Cheesecake	Waffles with Sauce	Chocolate & Orange Melting Moments	Muffins in Various Fillings		

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MENU | DINNER PREP WEEK 2

COOKED FRESH · BEST QUALITY

The Dining Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE	Pasta Bar with Chicken/ Beef	Sausage & Egg Plait/Egg & Bacon Pie	Hoisin Chicken Thighs	Smoked Ham Hock Pie	Meatball Sub with Tomato Sauce & Mozzarella Topping		
VEGETARIAN	Halloumi/ Roasted Vegetabes	Pasta with Cheese Sauce	Vegetable Spring Rolls	Red Pepper & Chilli Tagliatelle Bake	Vegan Meatball Subs		
ON THE SIDE	Cheese, Tomato, Pesto Sauce	Diced Potatoes	Noodles, Stir fry Vegetables, Prawn Crackers	Mashed Potato, Broccoli	Stuffed Jacket, Sweetcorn Relish, Garlic Mayo		
ON THE SIDE	Peas, Sweetcorn	Baked Beans					
DESSERT	Chocolate Smores	Eton Mess	Stem Ginger Cake	Caramel Cornflake Traybake	Black Forest Gateaux		

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MENU | DINNER PREP WEEK 3

COOKED FRESH · BEST QUALITY

The Dining Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE	Thai Green Chicken Curry	Westcountry Gammon	Noodle Bar with Chicken/beef	Beef lasagna	Quiches, Scotch Eggs, Sandwiches, Cocktail Sausages, Pizzas		
VEGETARIAN	Tomato Pasta Bake	Pasta Cheese Sauce	Tomato Pasta	Vegetable Lasagna			
ON THE SIDE	Pilau Rice, Corn Ribs, Mango Chutney	Chips, Fried Eggs, Grilled Tomatoes, Grilled Pineapple, Steamed Peas	Prawn Crackers, Pak choi, Sugar Snap Peas, Peppers	Carrots, Broccoli, Garlic Bread	Potato Crisps, Cherry Tomatoes, Carrot, Cucumber, Grapes, Cheese, Pineapple		
DESSERT	Rocky Road	Toffee Fudge Cupcakes	Banoffee Swiss Roll	Lemon Cheesecake	Waffles & Ice Cream		
ESSERT	Raspberry Bakewell Tart	Lemon Polenta Cake	Chocolate Chip Cookies	THEME NIGHT	Raspberry Cheesecake	Jam Roly Poly with Custard	Syrup Sponge with Custard

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